

How to get a seat at the Annual Representative Meeting (ARM) 2025



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Purpose of these pages

The ARM is the BMA's main policy making body and guidance will explain the ways in which members of the Association can obtain seats at the ARM.

The 2025 ARM will be held from Monday 23 June to Wednesday 25 June 2024.

Membership of the RB and constitution

There are 560 seats on the RB. 280 of these are allocated to the BMA divisions and another 280 are allocated to the branches of practice (see the list below) as well as to other groups. (NB: In addition to the 560 seats, a further eight are allocated to the voting members of the ARM Agenda Committee).

Routes to the ARM

There are three routes for interested BMA members to use for attendance at the ARM:

1. They can seek one of the 280 seats allocated to BMA divisions.
2. They can apply (via the regional councils in England and BMA national councils in the devolved nations) for division seats which the divisions have been unable to fill.
3. They can seek one of the seats allocated to their branch of practice.

More information about these routes follows:

1. Via BMA divisions:

Nominations are sought from the 169 BMA divisions to fill the 280 seats allocated to divisions throughout the UK. Representatives from divisions are divided into the branch of practice categories set out below. Elections are held centrally and all BMA members within their region are eligible to nominate and vote in the elections. An email will be sent 11 December to invite nominations, the deadline for nominations is 14 January at midday.

Once representatives are elected they will be invited to register their attendance via the EventsAir portal no later than 1 March 2025.

Members interested in obtaining a place at the ARM via their division are invited to submit a nomination via <https://elections.bma.org.uk/>. The deadline for nominations is midday at 14 January 2025.

The following bye-laws will be applied when electing representatives:

31 (2) In any one year where a division is entitled to elect two representatives, not more than one shall be in the same primary branch of practice as defined in bye-laws 56 (2) 2.2 and 58 (4).

(3) In any one year where a division is entitled to elect three or more representatives not more than two shall be in the same primary branch of practice as defined in bye-laws 56 (2) 2.2 and 58 (4).

N.B Any seats that are unfilled by **1 March** will be reallocated to the regional / national councils (see below).

2. Via the regional councils / national councils:

There are ten regional councils in England:

East of England
East Midlands
London
North east
North west
South central
South east Coast
South west
West Midlands
Yorkshire

There are three national councils:

Northern Ireland
Scotland
Wales

The regional / national council route is available to interested members who have not been able to obtain a place at the ARM via their division because the number of places allocated to the division have been filled. It is also available to interested members who have been unable to obtain a place via their branch of practice group (see section 3 below). Those who wish to apply for a seat via the regional or national council, should contact their respective regional / national contact below who can provide information on how to get a seat via the regional / national council.

3. Branch of practice seats:

The number of RB seats allocated to the branches of practice and other nominating bodies is 280.

The branches of practice are:

- (a) academics
- (b) armed forces
- (c) consultants
- (d) general practice
- (e) junior doctors
- (f) occupational medicine
- (g) public health medicine
- (h) staff, associate specialists and specialty doctors
- (i) members in practice but not covered by (a) to (h) above
- (j) medical students
- (k) retired members

Branch of practice seats are either allocated by the annual branch of practice conferences or the branch of practice committees.

The number of seats allocated to each branch of practice reflects the average membership of each group over the previous 12-month period to October, apart from the smaller branch of practice groups where three seats are allocated to each. Members interested in obtaining a place via their

branch of practice group should contact the appropriate secretariat below. The secretariats will be able to advise on the nominations procedure and deadlines for that branch of practice.

Where possible, **please avoid applying for multiple ARM seats from different routes as this will disenfranchise other members**. However, in the event that you have gained more than one voting seat, we would be grateful if you could contact the relevant secretariat as soon as possible to release one of the seats.

Contact details for regional centres, national offices and regional coordinators:North east regional council

Regional coordinator/ IRO: Adele Heeley 0113 261 8337 AHeeley@bma.org.uk

Administrative support contact: Nikki Heron 0113 261 8305 NHeron@bma.org.uk

Yorkshire & Humber regional council

Admin support: mr-admin-yorkshire@bma.org.uk

Regional support officer: Dominique Sofflet 0113 261 8304 DSofflet@bma.org.uk

Administrative support contact: Monique Barker 0113 261 8306 MBarker@bma.org.uk

North west regional council

Admin support: mr-admin-northwest@bma.org.uk

Head of BMA North west: Shahnawaz Sadiq 0113 261 8330 SSadiq@bma.org.uk

Administrative support contact: Emma Bennett 020 8655 8815 EBennett@bma.org.uk

West Midlands regional council

Regional coordinator/ IRO: Melanie Sutton 0121 452 7724 MSutton@bma.org.uk

Administrative support contact: Alicia Carson 020 8655 8844 ACarson@bma.org.uk

East Midlands regional council

Head of BMA Midlands: Jim Stringer 0113 261 8300 JStringer@bma.org.uk

Administrative support contact: Anne-Marie McKay 0113 261 8323 AMcKay@bma.org.uk

East of England regional council

Admin support: mr-admin-east-of-england@bma.org.uk

Regional coordinator/ IRO: Nigel Mason 0208 655 8805 NMason@bma.org.uk

Administrative support contact: Melanie Rolf 020 8655 8817 MRolf@bma.org.uk

South central regional council

Regional coordinator/ IRO: Hugh Townsend 0208 655 8804 HTownsend@bma.org.uk

Administrative support contact: Susanne Howard 0117 945 3128 SHoward@bma.org.uk

South east coast regional council

Admin support: mr-admin-southeast@bma.org.uk

Head of BMA South east: Hugh Townsend 0208 655 8804 HTownsend@bma.org.uk

Administrative support contact: Nikki Heron 0113 261 8305 NHeron@bma.org.uk

South west regional council

Admin support: mr-admin-southwest@bma.org.uk

Regional coordinator/ IRO: Abigail Moore 0117 945 3118 Abigail.Moore@bma.org.uk

Administrative support contact: Angie Nokes 0117 945 3132 ANokes@bma.org.uk

London regional council

Admin support: mr-admin-london@bma.org.uk

Head of BMA London: James Steen 020 8655 8870 JSteen@bma.org.uk

Administrative support contact: Paula Smylie 020 8655 8829 PSmylie@bma.org.uk

National officesNorthern Ireland:

(Council)

Head of Policy & Committee Services: Judith Cross, 028 9026 9687 JCross@bma.org.uk

Senior policy executive: Patricia Mills 028 9026 9658 PMills@bma.org.uk

Scotland:

(Council)

Senior policy executive: Anne Jenkins 0131 247 3013 AJenkins@bma.org.uk

Committee policy executive: Dominique Maske 0131 247 3035 DMaske@bma.org.uk

Wales:

(Council)

Member engagement coordinator: Georgina Tibbott 02920 474636 GTibbott@bma.org.uk

Committee Executive Officer: Sarah Miller 02920 474610 SMiller@bma.org.uk

Branch of practice contacts

Armed forces doctors (including civilian doctor for the armed forces) should contact **Chloe Reynolds** - CReynolds@bma.org.uk

Consultants should contact the honorary secretary of their RC in the first instance. If their places are full contact **Caroline O'Regan** - CORegan@bma.org.uk

GPs should contact **Karen Day** - KDay@bma.org.uk

Junior doctors should contact **Kemi Bello** - KBello@bma.org.uk

Medical academics should contact **Chris Fosten** - CFosten@bma.org.uk

Medical students should contact **Jonny Carey** - JCarey@bma.org.uk

Occupational health doctors should contact **Rosemary Hammond** – RHammond@bma.org.uk

Public health medicine doctors should contact **Chris Fosten** - CFosten@bma.org.uk

Retired members should contact **Laura Clark** - Laura.Clark@bma.org.uk

Specialist, associate specialist and specialty doctors committee should contact **Chloe Reynolds** - CReynolds@bma.org.uk

Other group contacts

Forensic doctors who would like to be nominated via the Forensic and Secure Environments Committee should contact **Carrie Reidinger** - CReidinger@bma.org.uk